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SASH Technique

SASH is the acronym used when giving any medication through an IV. Each letter stands for the following....

S : Saline ____cc saline flush (white cap)

A : Administer medication

S : Saline ____cc saline flush

H : Heparin ____cc heparin flush (yellow cap)

If giving more than one medication via IV the acronym would then be.....

S Saline

A Administer medication #1

S Saline

A Administer medication #2

S Saline

H Heparin

**If more than one lumen

flush each with Saline ____cc

Heparin ____cc daily

TIPS

- never force the flush or medication. You may use some gentle pressure with your thumb. If at first it doesn't flush try rotating your arm with the PICC in a circular motion at shoulder. Cough deeply and then re-try. Make sure clamps are OPEN.
- always cleanse the tip of the PICC line with x2 alcohol swabs using friction and allowing to dry prior to use
- don't empty the syringe when flushing the saline and heparin... push plunger to reach last small lines
- tap or "pulse" the syringe when administering flushes