



913-906-9260

DAILY FLUSHING OF PICC

Gather Supplies

1 syringe Saline ___cc

1 syringe Heparin ___cc

alcohol swabs

1. Wash your hands.
2. Clean PICC line with x2 alcohol swabs-use friction and allow to dry
3. Attach syringe of Saline to PICC and flush using a gentle pulsing motion
4. Attach syringe of Heparin to end of PICC and flush using a gentle pulsing motion
5. Remove syringe and re-clamp PICC tubing (if clamp is present).

IF more than one PICC lumens: Flush **each lumen of your PICC daily to ensure that it is still patent.

****Don't** empty saline and heparin syringes all the way. Stop plunger just before the end.

***** Don't** force flush. You may use some gentle pressure with your thumb. If at first it doesn't flush try rotating your arm with the PICC in a circular motion at shoulder. Cough deeply and then re-try.